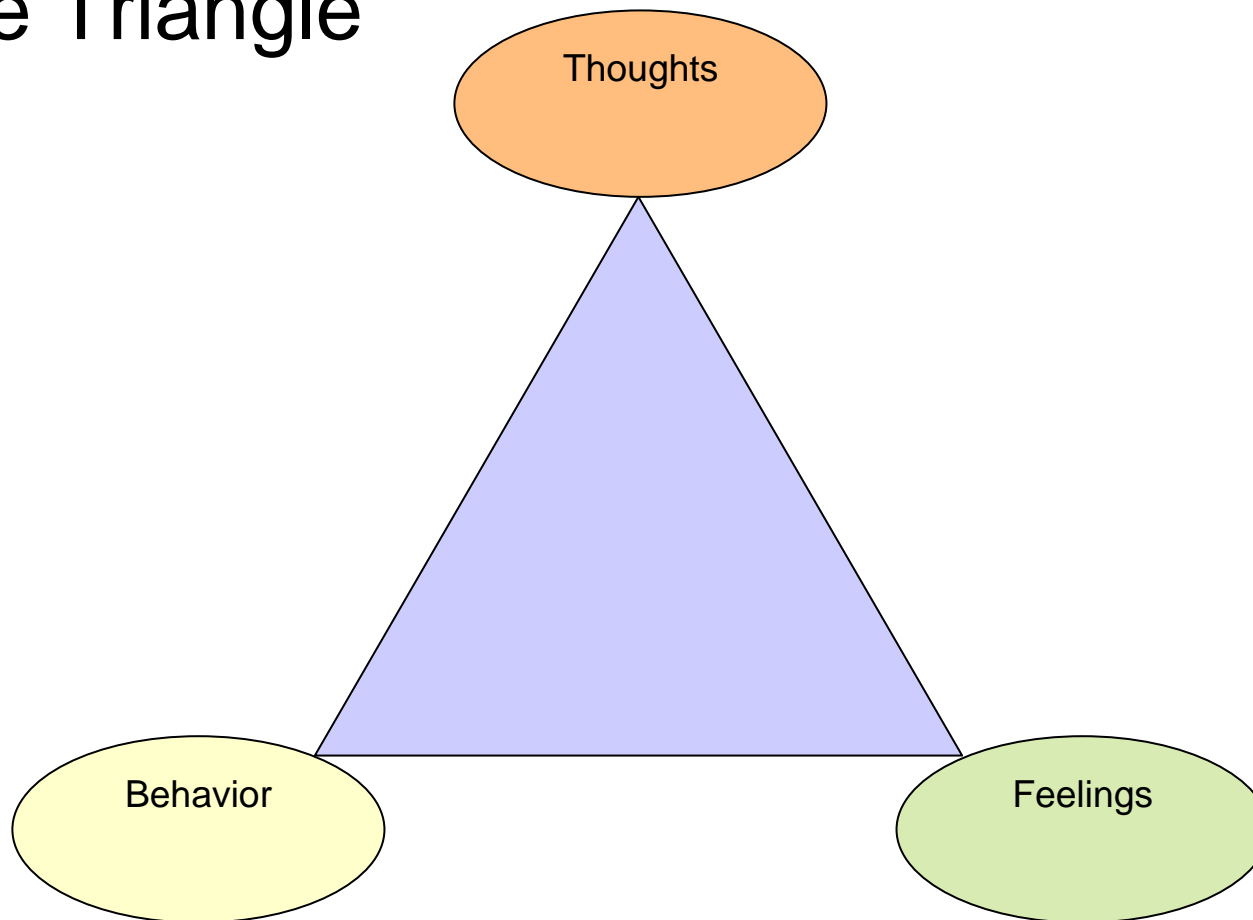


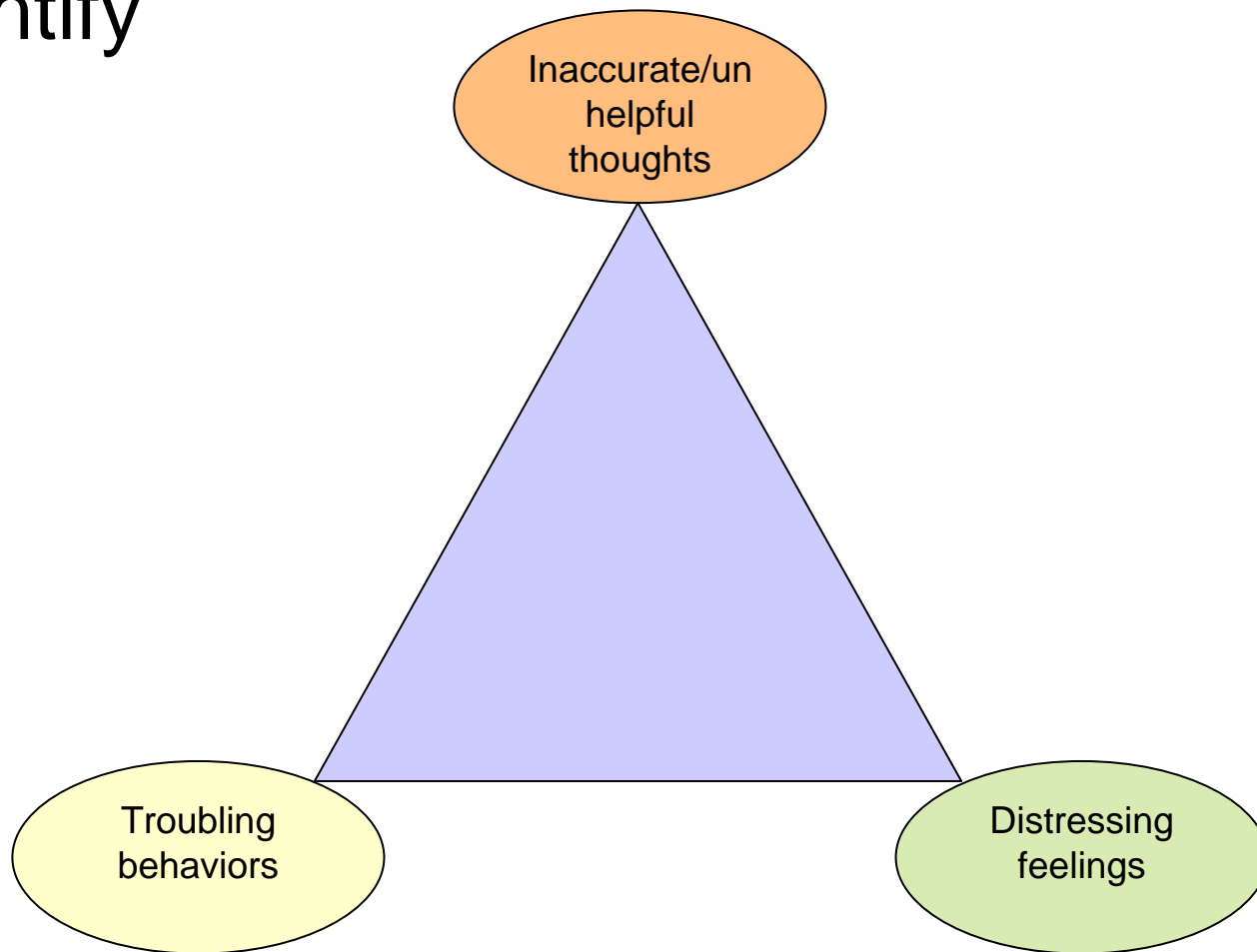
# CBT Framework

- Use Triangle



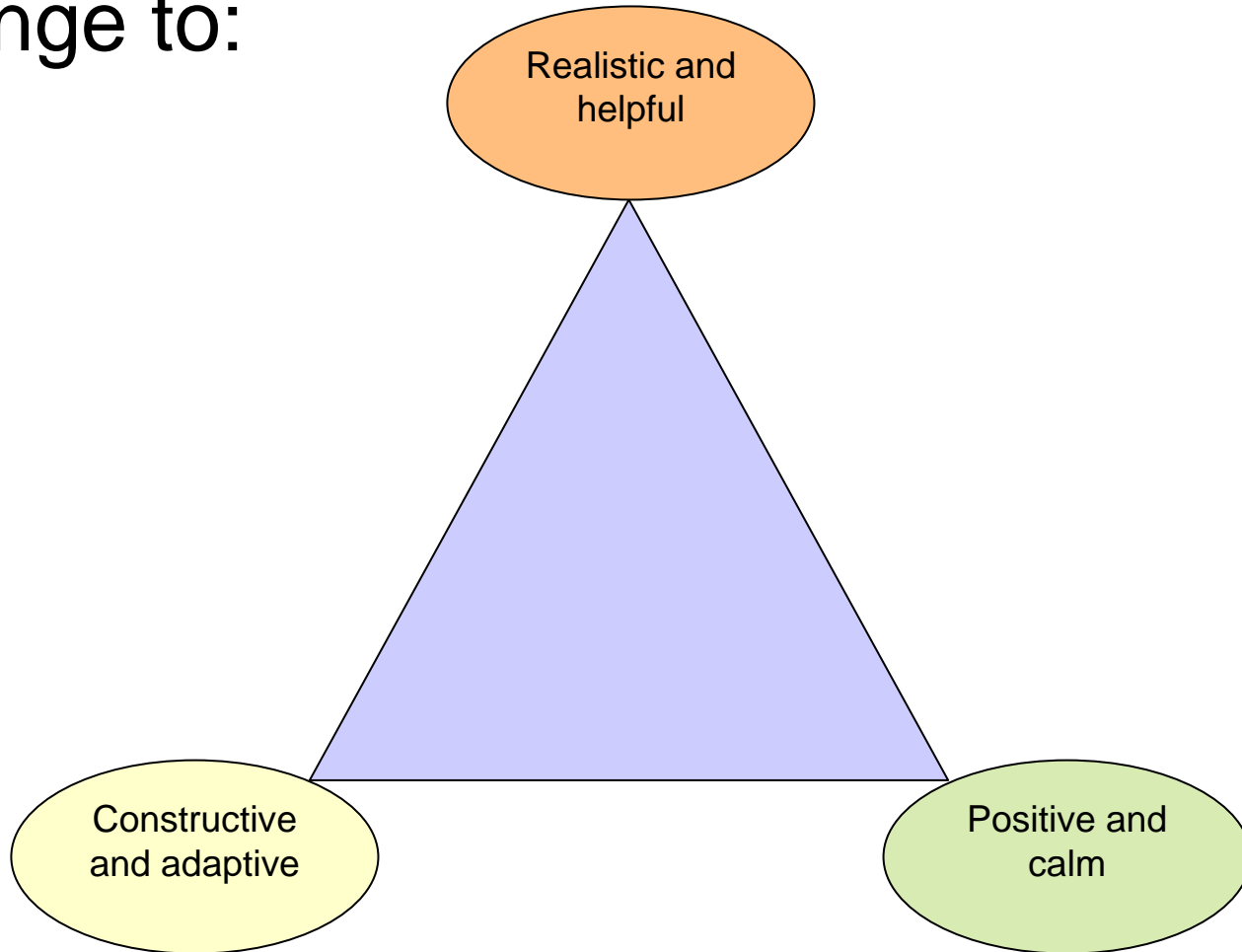
# Intervention Targets

- Identify



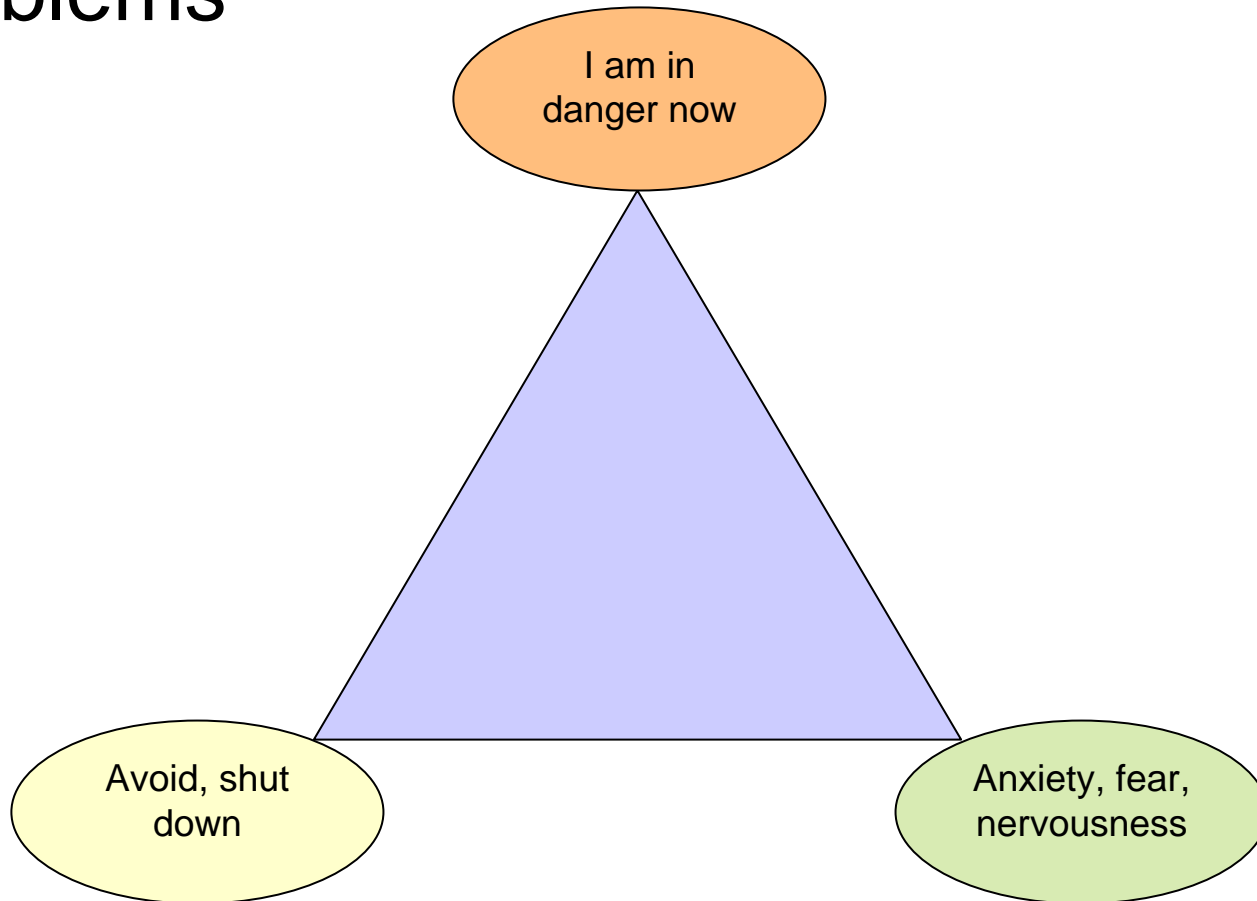
# Intervention Strategies

- Change to:



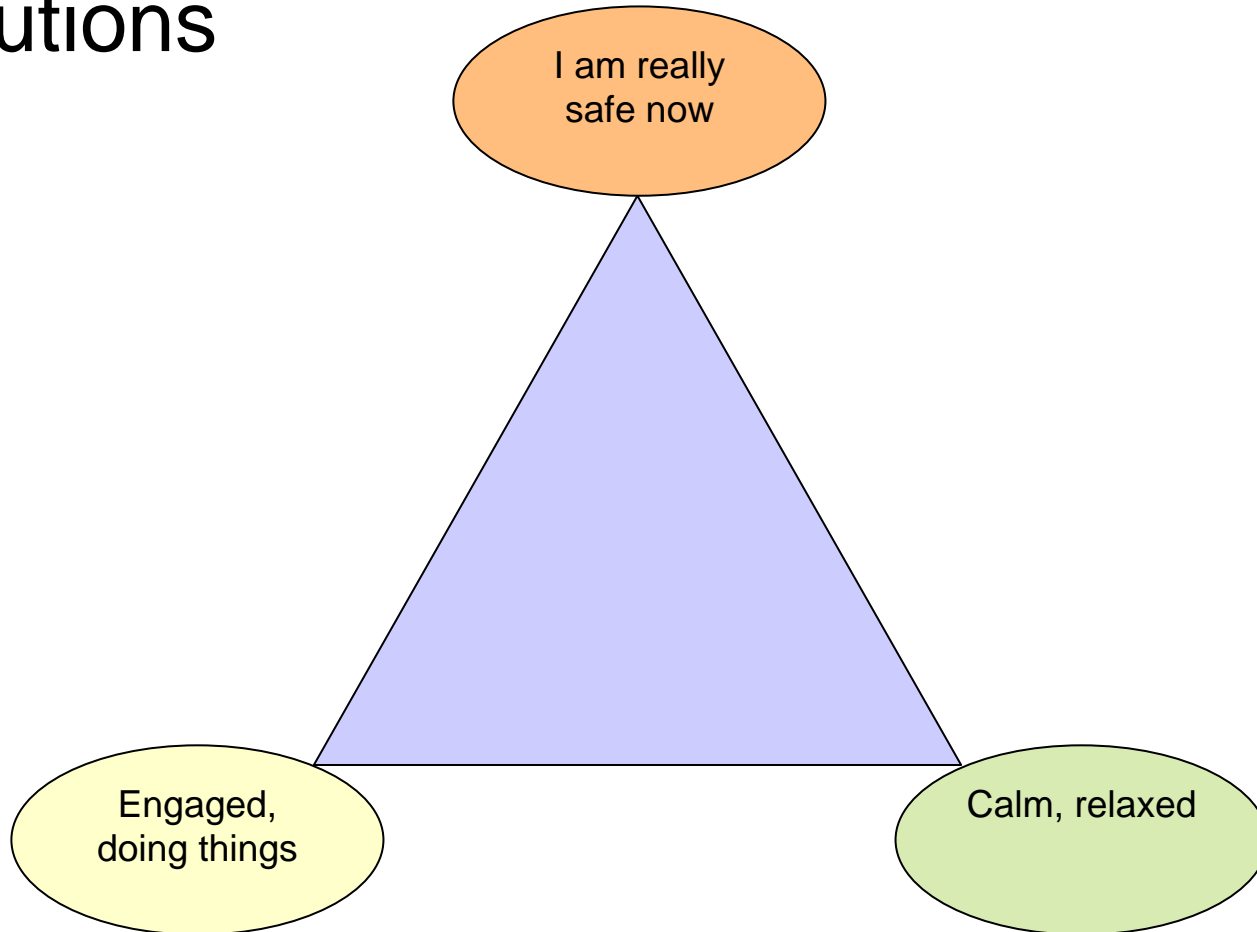
# Posttraumatic Stress Example

- Problems



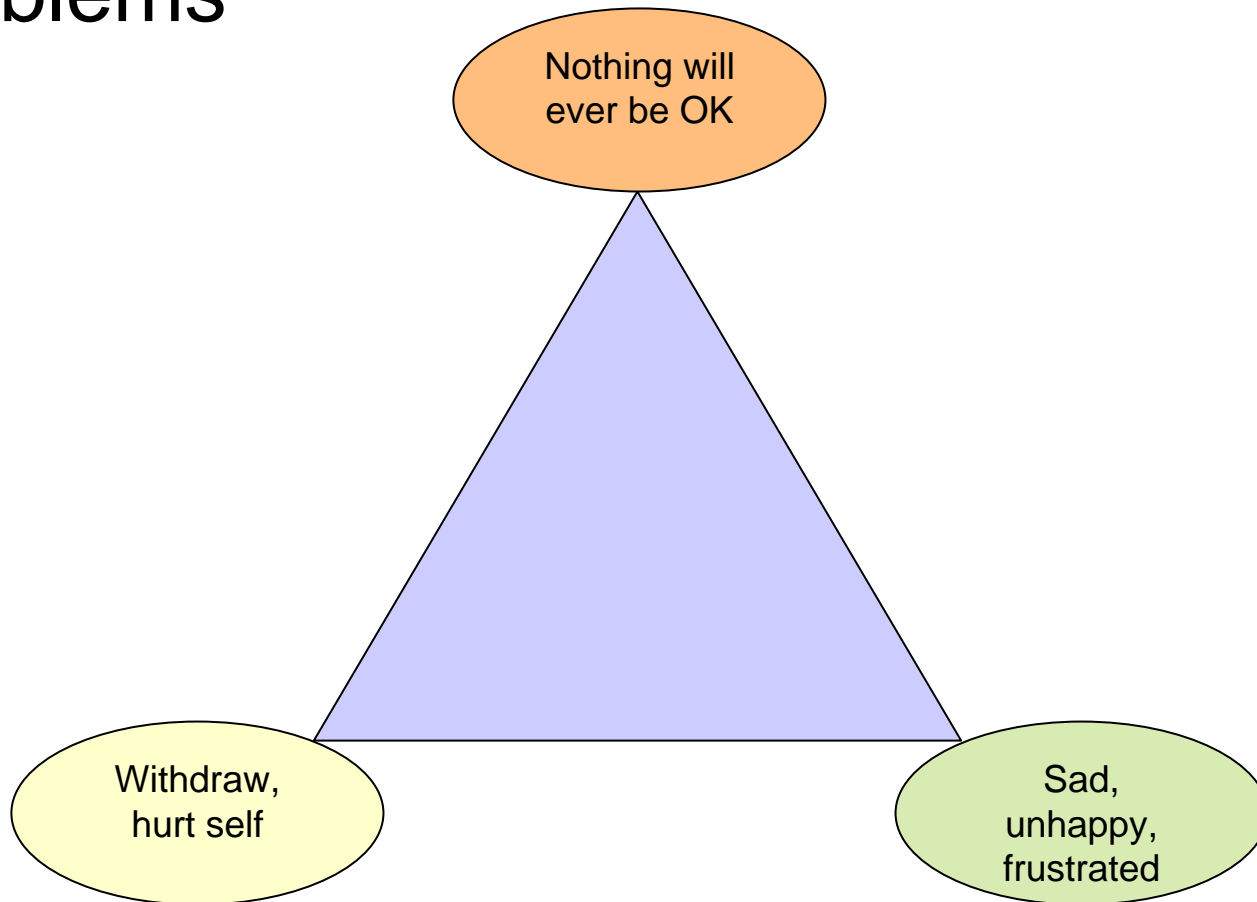
# Posttraumatic Stress Example

- Solutions



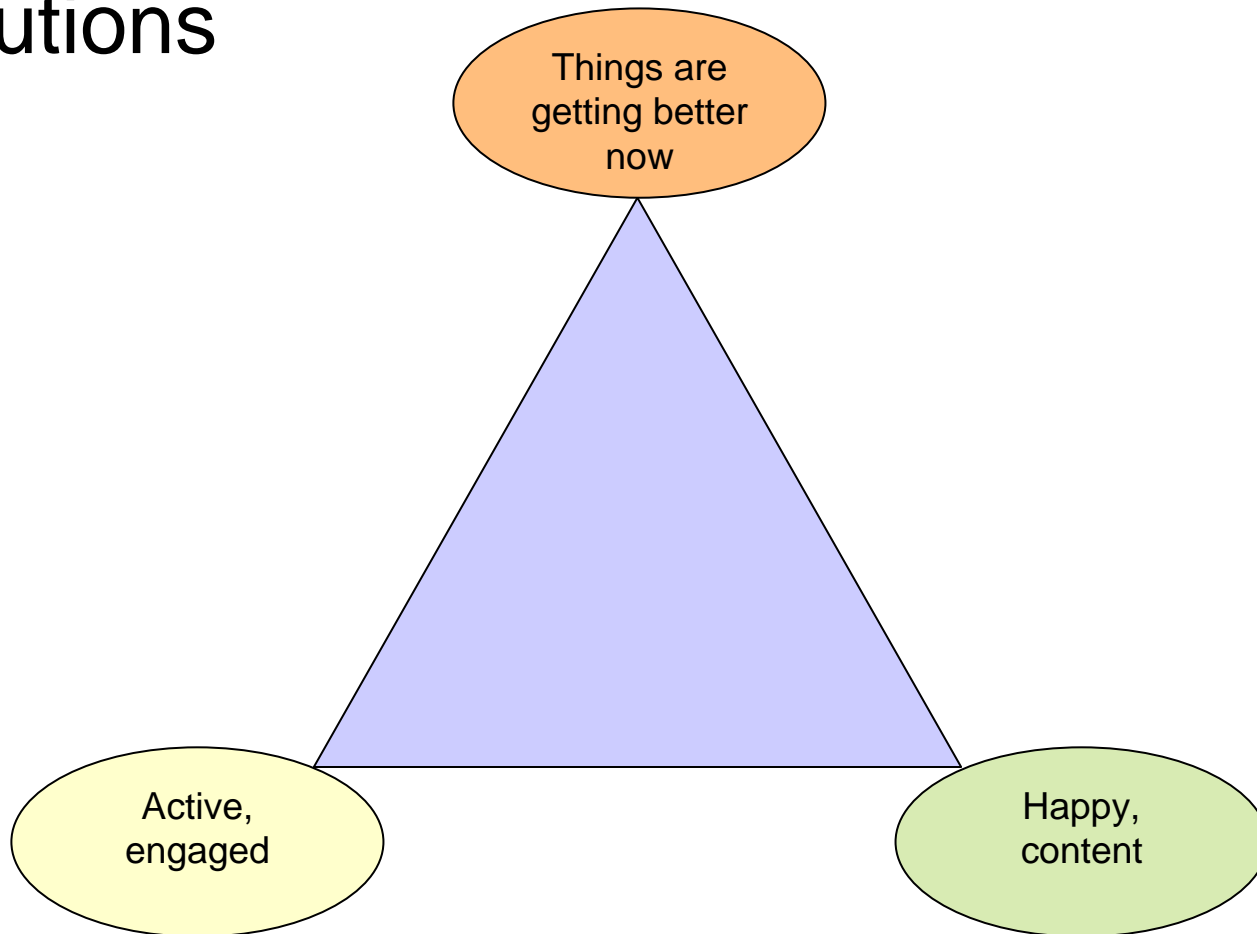
# Depression Example

- Problems



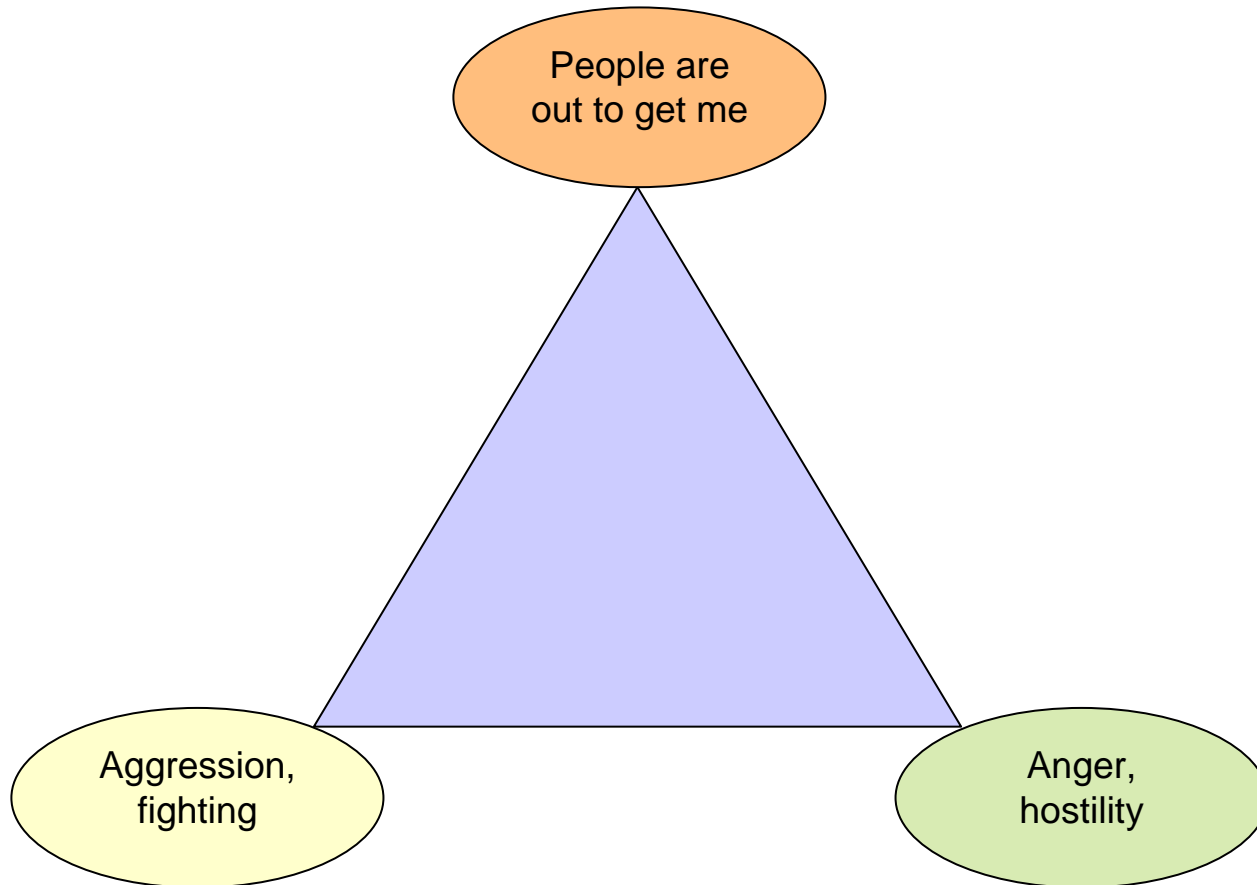
# Depression Example

- Solutions



# Anger Example

- Problems





# Anger Example

- Solutions

